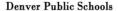
**DENVER PUBLIC SCHOOLS BREAKFAST / LUNCH MENUS - K-8 NOVEMBER 2013 MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY** Daily Breakfast Menu: � **Homemade Toast** Fruits & Juices \* Cereal Cinnamon Roll w/ Biscuit & Sausage or **Breakfast Pizza Cheese Toast Pancakes Scrambled Eggs** w/ Turkey Sausage Biscuit & Egg **Yogurt Basket Yogurt Basket** Happy Thanksgiving! **Baby Carrots Apple Wedges Oranges** Cabbage **Applesauce Mandarin Oranges** Cauliflower Grapefruit **Pineapple** All DPS menus meet the USDA nutritional Celerv **Green Grapes Red Grapes** guidelines for major nutrients, including **Garden Greens** calories, fat and saturated fat. Lettuce These fresh fruits and vegetables Onions will be on our salad bars during **Peas** November. ENJOY! **Spinach** LUNCH ,........ American Pizza **Menus subject to** PRI Schools will serve a traditional Thanksgiving meal one day between last minute **Garden Greens** November 4 and 22. Check with your school for the date and time. changes based on **Baby Carrots** availability. 4 Taco **Hot Dog** Sloppy Joe on Bun Chicken Penne Stromboli Vegetarian Taco Cheese Quesadilla Mac & Cheese **Toasted Cheese Sandwich** Cheese Pizza **Toasted Cheese Sandwich** PBJ **Yogurt Basket** PBJ PBJ **Spanish Rice** Broccoli **Graham Crackers Baby Carrots** Spinach Salad **Spanish Beans Sweet Potato Strips Potato Salad Garden Greens Green Beans Baby Carrots Celery Sticks Baby Carrots Sweet Peas** 11 12 13 Planning & Assessment Day **Chicken Nuggets Hay Stacks** Spaghetti w/Meat Sauce No classes for students. **Nachos** Spaghetti Marinara PBJ Veterans Day **Yogurt Basket** PBJ PBJ Holiday Vegetarian Lasagna **Graham Crackers Baby Carrots** Corn **Garlic Bread Sweet Potato Strips Green Beans Garden Greens** Fish Tacos PRI Cauliflower **Baby Carrots** Bean Tostada Garden Greens PBJ **Baby Carrots Black Beans Baby Carrots** 18 19 20 21 22 Tacos Spicy Cheesy **Grilled Chicken Sandwich** Chicken Quesadilla Pepperoni Pizza Chicken Mac **Cheese Quesadilla** Cheese Pizza Vegetarian Taco PRI Spanish Rice Mac & Cheese Yogurt Basket PBJ PBJ **Graham Crackers** Coleslaw Spinach Salad **Toasted Cheese Sandwich** PBI **Black Beans Dinner Roll Potato Strips Baby Carrots** Peas **Celery Sticks Baby Carrots Baby Carrots Garden Greens** 25 **26** 27 28 29





Food & Nutrition Services

Your plate should contain these foods: Dairy, Fruit, Grains, Vegetables, and Protein.

**Thanksgiving Holiday and Vacation** 









